

Center Name: Enterprise Child Development Center

Spring/Summer Menu - Week 4		Dates: _____ to _____			
Meal Pattern	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast					
Juice/Fruit/Vegetable	Orange Slices	Bananas	Applesauce	Mixed fruit	Cantaloupe
Breads/Grains	Sausage Biscuit	Cereal	French Toast Sticks	Biscuit	English Muffin
Milk	Milk - whole or skim	Milk - whole or skim	Milk - whole or skim	Milk - whole or skim	Milk - whole or skim
Extra			Syrup		Jelly
Lunch					
Meat/Meat Alternate	Macaroni & Cheese	Beef BBQ	Pizza	Baked Ham	Chili
Vegetable/Fruit - 2 svgs.	Cucumbers	Potato salad	Fresh Veggies/steamed	Carrots, bananas	Mixed Vegetables
	Mandarin Oranges	Corn	Peaches	Mashed Potatoes	Fruit Salad
Breads/Grains	(macaroni)	Bun	(crust)	Roll	Bread & Butter
Milk	Milk - whole or skim	Milk - whole or skim	Milk - whole or skim	Milk - whole or skim	Milk - whole or skim
Extra			Dressing: Ranch/Western		
Snack					
Select 2 from the following:					
Meat/Meat Alternate	Vanilla yogurt			Sliced cheese	
Vegetable/Fruit	Bananas				Apples
Breads/ Grains		Trail or Chex Mix	Crackers	Wheat Thins	
Milk		Milk - whole or skim	Milk - whole or skim		Milk - whole or skim
Extra	Water			Water	