

Center Name: Enterprise Child Development Center

**Fall/Winter Menu - Week 5**

Dates: \_\_\_\_\_ to \_\_\_\_\_

Meal Pattern	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b>					
Juice/Fruit/Vegetable	Applesauce	Fresh fruit	Fruit cocktail	Fruit	Pineapples
Breads/Grains	Toast	Cereal	English Muffin	Pancake	Biscuits
Milk	Milk - whole or skim	Milk - whole or skim	Milk - whole or skim	Milk - whole or skim	Milk - whole or skim
Extra	Jelly, Butter		Egg, Cheese	Syrup	Jelly
<b>Lunch</b>		*Infants-Cooked vegetable			
Meat/Meat Alternate	Meatballs in Tomato Sauce	Fish Fillets	Chicken salad	Hamburger/Stroganoff	Grilled Cheese Sandwiches
Vegetable/Fruit - 2 svgs.	Green beans	Cucumbers, Celery	Mashed potatoes, applesauce	Peas	Tomato Soup
	Fruit Cocktail	Pineapple	Broccoli	Peaches	Fruit Salad
Breads/Grains	Egg Noodles or Linguini	Bread	Roll	Rice	(bread)
Milk	Milk - whole or skim	Milk - whole or skim	Milk - whole or skim	Milk - whole or skim	Milke - whole or skim
Extra		Ranch Dip			
<b>Snack</b>					
Select 2 from the following:					*Infants/T1 - Goldfish
Meat/Meat Alternate			Gogurt		
Vegetable/Fruit	Orange Smiles		Graham Crackers		Fresh vegetables
Breads/ Grains	Crackers	Crackers		Granola Bars	
Milk		Milk - whole or skim		Milk - whole or skim	Milk
Extra	Water	Peanut butter	Water		Ranch Dip

RVCDS is a provider of the USDA nutrition program, Child and Adult Care Food Program (CACFP). This institution is an equal opportunity provider.