

Center Name: Enterprise Child Development Center

Fall/Winter Menu - Week 4					
Dates: _____ to _____					
Meal Pattern	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast					
Juice/Fruit/Vegetable	Banana	Pears	Fruit	Fruit	Applesauce
Breads/Grains	English Muffin	Cereal/Toast	Breakfast Roll Up	Oatmeal	Biscuits
Milk	Milk - whole or skim	Milk - whole or skim	Milk - whole or skim	Milk - whole or skim	Milk - whole or skim
Extra	Jelly/Cream Cheese				Jelly, Butter
Lunch					
Meat/Meat Alternate	Bakeless Ziti	Chicken & Noodles	Club Sandwich	*Infants/T1-Cooked veg. Tacos	Cheeseburger
Vegetable/Fruit - 2 svgs.	Broccoli or Fresh Salad	Cooked Carrots	Corn	Lettuce/Tomato/Cheese	Green Beans
	Pineapple	Peaches	Pear	Mandarin Oranges	Fruit Salad
Breads/Grains	Italian Bread	Crackers/(noodles)	(bread/bun)	Taco Shells	Bun
Milk	Milk - whole or skim	Milk - whole or skim	Milk - whole or skim	Milk - Whole or skim	Milk - whole or skim
Extra	Salad Dressing		Mayo/Salad Dressing		
Snack					
Select 2 from the following:					
Meat/Meat Alternate	Yogurt				
Vegetable/Fruit	Apples		Bananas	Pineapples	
Breads/ Grains		Applesauce	Animal Crackers		Wheat Thins
Milk		Milk - whole or skim		Milk - whole or skim	Milk - whole or skim
Extra	Water		Water		

RVCDS is a provider of the USDA nutrition program, Child and Adult Care Food Program (CACFP). This institution is an equal opportunity provider.