

Center Name: Enterprise Child Development Center

Fall/Winter Menu - Week 1					
Dates: _____ to _____					
Meal Pattern	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast					
Juice/Fruit/Vegetable	Sliced Apples	Fruit	Bananas	Apples	Peaches
Breads/Grains	Whole wheat English muffin	Whole Grain Cereal	Wheat Toast	Oatmeal	Wheat English muffins
Milk	Milk - whole or skim	Milk - whole or skim	Milk - whole or skim	Milk - whole or skim	Milk - whole or skim
Extra	Butter		Jelly, Butter		Jelly
Lunch					
Meat/Meat Alternate	Chicken ala King	Ham Sandwich (hot)	Chicken Salad	Macaroni & Cheese	Baked Fish
Vegetable/Fruit - 2 svgs.	Peas	Pear slices	Mashed Potatoes	Kale	Cooked Carrots
	Mandarin Oranges	Vegetable-Potato Soup	Applesauce, Green Beans	Pineapple	Fruit Salad
Breads/Grains	Biscuits	(bread/bun)	Roll	(macaroni)	Cornbread
Milk	Milk - whole or skim	Milk - whole or skim	Milk - whole or skim	Milk - whole or skim	Milk - whole or skim
Extra					
Snack					
Select 2 from the following:			*Infants/T1 - goldfish		
Meat/Meat Alternate		Yogurt		Cheese Slices	
Vegetable/Fruit	Fruit		Fresh vegetables	Apple slices	Orange Slices
Breads/ Grains	Wheat Thins				
Milk		Milk - whole or skim	Milk - whole or skim		Milk
Extra	Water		Ranch Dip	Water	

RVCDS is a provider of the USDA nutrition program, Child and Adult Care Food Program (CACFP). This institution is an equal opportunity provider.